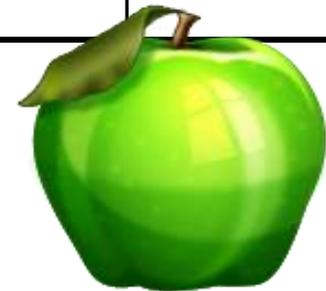


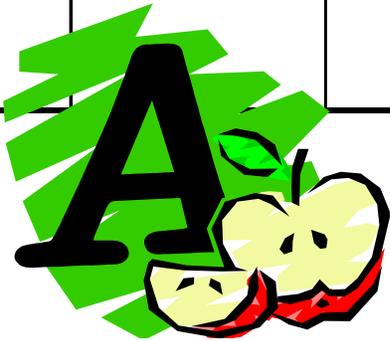
OSSB MENU

Date	3-Oct	4-Oct	5-Oct	6-Oct	7-Oct
Break	Monday Hot Oatmeal Muffins Cereal Fruit Yogurt	Tuesday Biscuits And Gravy Cereal-Oatmeal Fruit Yogurt	Wednesday Scrambled Eggs Hash Browns Cereal-Oatmeal Fruit Yogurt	Thursday Cream of Wheat Berries Cereal-Oatmeal Fruit Yogurt	Friday French Toast Bacon Cereal-Oatmeal Fruit Yogurt
Lunch	Meat Loaf Greens Rice WW Roll Fruit Bowl	Fish Sticks Carrots Mac & Cheese Watermelon Fruit Bowl	Pizza Broccoli Caesar Salad Strawberries Fruit Bowl	Burritos Corn Refried Beans Pineapple Fruit Bowl	Turkey Burger Baked Fries Broccoli Tortilla Soup Honey Dew
Dinner	Chicken Nuggets Cole Slaw Tuxedo Beans Apple Sauce	WW Chick Lo Mein Bok Choy Egg Roll Very Green Salad Fruit Sidekick	Chili Dogs Green Beans Tator Tots Cheese & Onions	WW Pasta Bake Italian Mix Veg Garlic Toast Green Salad	DORM PIZZA CARROT STICKS APPLESAUCE



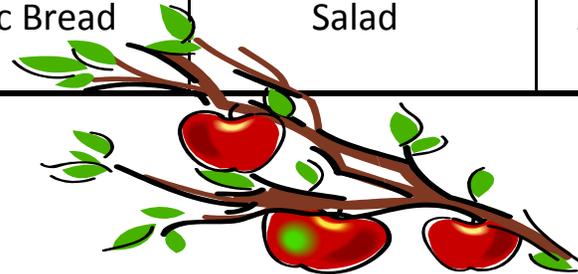
OSSB MENU

Date	10-Oct	11-Oct	12-Oct	13-Oct	14-Oct
Breakfast	Monday COLUMBUS DAY	Tuesday Omelet Flip Bagels Cereal-Oatmeal Fruit Yogurt	Wednesday Waffles Bacon Cereal-Oatmeal Fruit Yogurt	Thursday Cream of Wheat Berries Cereal-Oatmeal Fruit Yogurt	Friday Scrambled Eggs Diced Ham Cereal-Oatmeal Fruit Yogurt
Lunch	NO SCHOOL	BBQ Beef Cole Slaw Baked Chips Grapes Brussels Sprouts Fruit Bowl	Pork Loin Peas/WW Roll Rice Pilaf Baked Apples Strawberries Fruit Bowl	Gyro Pita Carrots and Celery Hummus Cucumber Salad Pineapple Fruit Bowl	Grilled Chic Sand Green Beans Cottage Cheese Broccoli Soup Cantaloupe Fruit Bowl
Dinner		WW Grilled Cheese Broccoli Kidney Bean Chili Watermelon	WW Crust Pizza Seasoned Spinach Apple Sauce Very Green Salad	Turk Enchilada Corn Spanish Rice Black Bean Salad	DORM LUNCH MEAT CHEESE BREAD SOUP



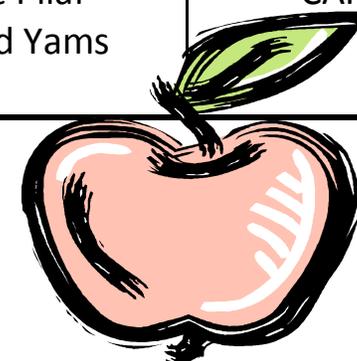
OSSB MENU

	17-Oct Monday	18-Oct Tuesday	19-Oct Wednesday	20-Oct Thursday	22-Oct Friday
Break	Hot Oatmeal Muffins Cereal Fruit Yogurt	French Toast Bacon Cereal-Oatmeal Fruit Yogurt	Breakfast Pizza Cereal-Oatmeal Fruit Yogurt	Cream of Wheat Berries Cereal-Oatmeal Fruit Yogurt	Biscuits and Gravy Cereal-Oatmeal Fruit Yogurt
Lunch	WW Crust Pizza Broccoli Apple Sauce Grapes Fruit Bowl	Ham and Beans Greens Corn Bread Very Green Salad Watermelon Fruit Bowl	Baked Fish Green Beans Bulgar Pilaf Strawberries Fruit Bowl	Soft Tacos Corn & Gauc Refried Beans Lettuce-Tomato Pineapple Fruit Bowl	O.F. Beef Sand Carrots and Dip Pretzels Black Bean Soup Honey Dew Fruit Bowl
Dinner	Turkey Burger Tom/Let/Onion Baked Tots Salad Cottage Cheese	Riblet Sandwich Mixed Veggies New Mac & Chz Very Green Salad	Speg & Meatball Ceasar Salad Cauliflower Garlic Bread	Asian Chic & Broc Egg Roll Brown Fried Rice Salad	DORM CHICKEN NUGGETS CARROT STICKS APPLESAUCE CUP



OSSB MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
	24-Oct	25-Oct	26-Oct	27-Oct	28-Oct
Break	Hot Oatmeal Muffins Cereal Fruit Yogurt	Scrambled Eggs Bacon Cereal-Oatmeal Fruit Yogurt	English Muffin Patty & Chz Cereal-Oatmeal Fruit Yogurt	Cream of Wheat Berries Cereal-Oatmeal Fruit Yogurt	Pancakes Links Cereal-Oatmeal Fruit Yogurt
Lunch	Chicken Tenders Cole Slaw Tuxedo Beans Fruit Sidekick Grapes Fruit Bowl	Beef Stew Peas Corn Bread Very Green Salad Watermelon Fruit Bowl	Philly Sub Carrots & Celery Baked Fries Corn on the Cob Strawberries Fruit Bowl	Chick Parmesan Italian Mix Veg WW Roll Salad Pineapple Fruit Bowl	Grilled Cheese Kidney Bean Chili Broccoli Very Green Salad Cantaloupe Fruit Bowl
Dinner	Pizza Quesadilla Corn Mexican Rice Fruit Tray	Fish Sticks Greens New Mac & Cheese Salad	Turkey Cassoulet Broccoli WW Roll Baked Apples	Sliced Ham Green Beans Rice Pilaf Baked Yams	DORM CORN DOGS CARROT STICKS



OSSB MENU

Date	31-Oct	1-Nov	2-Nov	3-Nov	4-Nov
Break	Monday	Tuesday	Wednesday	Thursday	Friday
	Hot Oatmeal Muffins Cereal Fruit Yogurt	Waffles Bacon Cereal-Oatmeal Fruit Yogurt	Blueberry Pancake Cereal-Oatmeal Fruit Yogurt	Cream of Wheat Berries Cereal-Oatmeal Fruit Yogurt	Scrambled Eggs Diced Ham Cereal-Oatmeal Fruit Yogurt
Lunch	Pizza Cauliflower & Chz Applesauce Salad Fruit Bowl	Teriyaki Chicken Egg Roll Bok Choy Brown Fried Rice Fruit Bowl	Burrito Bake Corn/Salad Spanish Rice Chips & Salsa Fruit Bowl	Cod Sandwich Spinach Cole Slaw Baked Beans Fruit Bowl	O. F. Turkey Swiss Broccoli Wht. Bean Spin Soup Cantaloupe Fruit Bowl
Dinner	BBQ Chicken Sand Cooked Carrots Baked Fries Fruit Side Kick	lt. Sausage Sauce Zucchini Caesar Salad Penne/Bread Stick Bread Stick	Fried Chicken Greens Okra Mashed Potatoes Roll	Beef & Noodles Peas Corn Bread Very Green Salad	DORM HOT POCKETS CARROT STICKS APPLESAUCE CUP



OSSB MENU

	7-Nov	8-Nov	9-Nov	10-Nov	11-Nov
Breakfast	Monday Hot Oatmeal Muffins Cereal Fruit Yogurt	Tuesday Omelet Flip Bagels Cereal-Oatmeal Fruit Yogurt	Wednesday French Toast Bacon Cereal-Oatmeal Fruit Yogurt	Thursday Cream of Wheat Berries Cereal-Oatmeal Fruit Yogurt	Friday Veteran's Day
Lunch	Corn Dogs Cole Slaw Baked Beans Grapes Fruit Bowl	Roast Beef Carrots/Corn Bread Red Skin Potatoes Watermelon Fruit Bowl	Chicken Alfredo Pasta/Bread Stx Italian Mix Veg Strawberries Fruit Bowl	New Chic Salad Sand Very Green Salad Tomato Soup Cottage Cheese Fruit Bowl	No School
Dinner	Pierogies Sour Kraut Green Bean Salad Peaches	Calzone Broccoli Applesauce Very Green Salad	Turkey Pot Pie Green Beans Very Green Salad Roll	DORM HOT DOGS CARROT STICKS	

